



Time Out For Parents - The Early Years

Are you the parent/carer of a child (or more) aged 5 or under? Then this course is for you!

Come and join other parents/carers to discuss ideas and ways that you can boost yours and your child's confidence and self esteem during their early years.

All children deserve the best start in life, and so together we will see how we can understand our children's emotions, learning needs, development and behaviours.

You'll leave with a whole toolkit of ideas and strategies which you can dip into whenever you need!

Join us via Microsoft Teams
Starting on Wednesday 29th October
6:00pm - 8:00pm until
Wednesday 10th December 2025



Scan QR code to register your interest