

## Christmas Craft Fun

### Saltdough Decorations

250g plain flour  
125g table salt  
1 teaspoon cinnamon  
125ml of water



1. Preheat the oven to its lowest setting.
2. Mix the dry ingredients in a large bowl. Add the water and mix together into a ball.
3. Transfer the dough to a floured work surface. Roll out and cut out shapes using cookie cutters.
4. Put your finished items on to a lined baking sheet and bake for 3 hrs or until solid.

### Reindeer Food

A lovely activity preparing a treat for the reindeer! You can really go to town on this with your child, using all sorts of things from your store cupboard. Your child can help crush up cereals, use measuring spoons to add ingredients, mix everything together and sprinkle on the lawn. Rudolph and the other reindeer will love their special treat.

Please note: Lots of reindeer food recipes include glitter and we would respectfully ask you not to use this as this is so bad for our wildlife.



Family Hubs  
will be closed during the  
Christmas and New Year  
period from:

24th Dec to 1st Jan 2025

Hubs re-open on  
2nd January 2025

Christmas time  
can bring challenges for us  
all.

Support is available from  
many organisations during  
this time.

Click  
[HERE](#)

### Planning ahead for January

Interested in a parenting course? - click [HERE](#)

Book a sensory space session - give us a ring on our freephone  
number 0800 970 4669

Visit our website -

[Wiltshirefamilyhubs.org.uk](http://Wiltshirefamilyhubs.org.uk)



**Family Hub**  
Wiltshire Council



In partnership with...  
**Spurgeons**  
Together with families

**Wiltshire Council**

## Support We Offer

We are here to help with a whole range of topics including:

Ideas around implementing routines and setting boundaries.

Help to understand your child's needs and build your confidence as a parent.

Help around finances, housing applications, debt support and accessing benefits.

Supporting you 'back to work'

Volunteering opportunities

**We can help families access:**

Baby Bundles

Healthy start vitamins

Advice on local childcare and applying for funding.

Introductions to other services

## Facebook

Our Wiltshire Family Hub Facebook page is another way for families to stay up to date with current services. Make sure you like and follow to stay in touch with us.

Simply click here:



## Get in touch with us

If you have any questions or would like more information about our services please call us on one of our numbers below or check out our website:

**Freephone:**

**0800 970 4669**

[wiltshirefamilyhub@spurgeons.org](mailto:wiltshirefamilyhub@spurgeons.org)

**Other useful numbers:**

Health visitor - Single Point of Access

**0300 247 0090**

National Breastfeeding helpline

**0300 100 0212**

Fearfree (Domestic Abuse support Service)

**01225 775276**

National Domestic Abuse Helpline

**0808 2000 247**



Click here to visit our website

[www.wiltshirefamilyhubs.org.uk](http://www.wiltshirefamilyhubs.org.uk)