

Newton Tony Primary School CE VC
PSHE/RSE Curriculum Pathway

	Hedgehogs	Foxes		Squirrels		Badgers	
	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1 Being Me in My World	<ul style="list-style-type: none"> ✓ Self-identity ✓ Understanding feelings ✓ Being in a classroom ✓ Being gentle ✓ Rights and responsibilities 	<ul style="list-style-type: none"> ✓ Feeling special and safe ✓ Being part of a class ✓ Rights and responsibilities ✓ Rewards and feeling proud ✓ Consequences ✓ Owing the Learning Charter 	<ul style="list-style-type: none"> ✓ Hopes and fears for the year ✓ Rights and responsibilities ✓ Rewards and consequences ✓ Safe and fair learning environment ✓ Valuing contributions ✓ Choices ✓ Recognising feelings 	<ul style="list-style-type: none"> ✓ Setting personal goals ✓ Self-identity and worth ✓ Positivity in challenges ✓ Rules, rights and responsibilities ✓ Rewards and consequences ✓ Responsible choices ✓ Seeing things from others' perspectives 	<ul style="list-style-type: none"> ✓ Being part of a class team ✓ Being a school citizen ✓ Rights, responsibilities and democracy (school council) ✓ Rewards and consequences ✓ Group decision-making ✓ Having a voice ✓ What motivates behaviour 	<ul style="list-style-type: none"> ✓ Planning the forthcoming year ✓ Being a citizen ✓ Rights and responsibilities ✓ Rewards and consequences ✓ How behaviour affects groups ✓ Democracy, having a voice, participating 	<ul style="list-style-type: none"> ✓ Identifying goals for the year ✓ Global citizenship ✓ Children's universal rights ✓ Feeling welcome and valued ✓ Choices, consequences and rewards ✓ Group dynamics ✓ Democracy, having a voice ✓ Anti-social behaviour ✓ Role-modelling
Autumn 2 Celebrating Difference	<ul style="list-style-type: none"> ✓ Identifying talents ✓ Being special ✓ Families ✓ Where we live ✓ Making friends ✓ Standing up for yourself 	<ul style="list-style-type: none"> ✓ Similarities and differences ✓ Understanding bullying and knowing how to deal with it ✓ Making new friends ✓ Celebrating the differences in everyone 	<ul style="list-style-type: none"> ✓ Assumptions and stereotypes about gender ✓ Understanding bullying ✓ Standing up for self and others ✓ Making new friends ✓ Gender diversity ✓ Celebrating difference and remaining friends 	<ul style="list-style-type: none"> ✓ Families and their differences ✓ Family conflict and how to manage it ✓ Witnessing bullying and how to solve it ✓ Recognising how words can be hurtful ✓ Giving and receiving compliments 	<ul style="list-style-type: none"> ✓ Challenging assumptions ✓ Judging by appearance ✓ Accepting self and others ✓ Understanding influences ✓ Understanding bullying ✓ Problem-solving ✓ Identifying how special and unique everyone is ✓ First impressions 	<ul style="list-style-type: none"> ✓ Cultural differences and how they can cause conflict ✓ Racism ✓ Rumours and name-calling ✓ Types of bullying ✓ Material wealth and happiness ✓ Enjoying and respecting other cultures 	<ul style="list-style-type: none"> ✓ Perceptions of normality ✓ Understanding disability ✓ Power struggles ✓ Understanding bullying ✓ Inclusion/exclusion ✓ Differences as conflict, difference as celebration ✓ Empathy

<p>Spring 1 Dreams and Goals</p>	<ul style="list-style-type: none"> ✓ Challenges ✓ Perseverance ✓ Goal-setting ✓ Overcoming obstacles ✓ Seeking help ✓ Jobs ✓ Achieving goals 	<ul style="list-style-type: none"> ✓ Setting goals ✓ Identifying successes and achievements ✓ Learning styles ✓ Working well and celebrating achievement with a partner ✓ Tackling new challenges ✓ Identifying and overcoming obstacles ✓ Feelings of success 	<ul style="list-style-type: none"> ✓ Achieving realistic goals ✓ Perseverance ✓ Learning strengths ✓ Learning with others ✓ Group co-operation ✓ Contributing to and sharing success 	<ul style="list-style-type: none"> ✓ Difficult challenges and achieving success ✓ Dreams and ambitions ✓ New challenges ✓ Motivation and enthusiasm ✓ Recognising and trying to overcome obstacles ✓ Evaluating learning processes ✓ Managing feelings ✓ Simple budgeting 	<ul style="list-style-type: none"> ✓ Hopes and dreams ✓ Overcoming disappointment ✓ Creating new, realistic dreams ✓ Achieving goals ✓ Working in a group ✓ Celebrating contributions ✓ Resilience ✓ Positive attitudes 	<ul style="list-style-type: none"> ✓ Future dreams ✓ The importance of money ✓ Jobs and careers ✓ Dream job and how to get there ✓ Goals in different cultures ✓ Supporting others (charity) ✓ Motivation 	<ul style="list-style-type: none"> ✓ Personal learning goals, in and out of school ✓ Success criteria ✓ Emotions in success ✓ Making a difference in the world ✓ Motivation ✓ Recognising achievements ✓ Compliments
<p>Spring 2 Healthy Me</p>	<ul style="list-style-type: none"> ✓ Exercising bodies ✓ Physical activity ✓ Healthy food ✓ Sleep ✓ Keeping clean ✓ Safety 	<ul style="list-style-type: none"> ✓ Keeping myself healthy ✓ Healthier lifestyle choices ✓ Keeping clean ✓ Being safe ✓ Medicine safety/safety with household items ✓ Road safety ✓ Linking health and happiness 	<ul style="list-style-type: none"> ✓ Motivation ✓ Healthier choices ✓ Relaxation ✓ Healthy eating and nutrition ✓ Healthier snacks and sharing food 	<ul style="list-style-type: none"> ✓ Exercise ✓ Fitness challenges ✓ Food labelling and healthy swaps ✓ Attitudes towards drugs ✓ Keeping safe and why it's important online and off line scenarios ✓ Respect for myself and others ✓ Healthy and safe choices 	<ul style="list-style-type: none"> ✓ Healthier friendships ✓ Group dynamics ✓ Smoking ✓ Alcohol ✓ Assertiveness ✓ Peer pressure ✓ Celebrating inner strength 	<ul style="list-style-type: none"> ✓ Smoking, including vaping ✓ Alcohol ✓ Alcohol and anti-social behaviour ✓ Emergency aid ✓ Body image ✓ Relationships with food ✓ Healthy choices ✓ Motivation and behaviour 	<ul style="list-style-type: none"> ✓ Taking personal responsibility ✓ How substances affect the body ✓ Exploitation, including 'county lines' and gang culture ✓ Emotional and mental health ✓ Managing stress
<p>Summer 1 Relationships</p>	<ul style="list-style-type: none"> ✓ Family life ✓ Friendships ✓ Breaking friendships 	<ul style="list-style-type: none"> ✓ Belonging to a family 	<ul style="list-style-type: none"> ✓ Different types of family 	<ul style="list-style-type: none"> ✓ Family roles and responsibilities 	<ul style="list-style-type: none"> ✓ Jealousy ✓ Love and loss ✓ Memories of loved ones 	<ul style="list-style-type: none"> ✓ Self-recognition and self-worth 	<ul style="list-style-type: none"> ✓ Mental health ✓ Identifying mental health worries and sources of support

	<ul style="list-style-type: none"> ✓ Falling out ✓ Dealing with bullying ✓ Being a good friend 	<ul style="list-style-type: none"> ✓ Making friends/being a good friend ✓ Physical contact preferences ✓ People who help us ✓ Qualities as a friend and person ✓ Self-acknowledgement ✓ Being a good friend to myself ✓ Celebrating special relationships 	<ul style="list-style-type: none"> ✓ Physical contact boundaries ✓ Friendship and conflict ✓ Secrets ✓ Trust and appreciation ✓ Expressing appreciation for special relationships 	<ul style="list-style-type: none"> ✓ Friendship and negotiation ✓ Keeping safe online and who to go to for help ✓ Being a global citizen ✓ Being aware of how my choices affect others ✓ Awareness of how other children have different lives ✓ Expressing appreciation for family and friends 	<ul style="list-style-type: none"> ✓ Getting on and Falling Out ✓ Girlfriends and boyfriends ✓ Showing appreciation to people and animals 	<ul style="list-style-type: none"> ✓ Building self-esteem ✓ Safer online communities ✓ Rights and responsibilities online ✓ Online gaming and gambling ✓ Reducing screen time ✓ Dangers of online grooming ✓ SMARRT internet safety rules 	<ul style="list-style-type: none"> ✓ Love and loss ✓ Managing feelings ✓ Power and control ✓ Assertiveness ✓ Technology safety ✓ Take responsibility with technology use
Summer 2 Changing Me	<ul style="list-style-type: none"> ✓ Bodies ✓ Respecting my body ✓ Growing up ✓ Growth and change ✓ Fun and fears ✓ Celebrations 	<ul style="list-style-type: none"> ✓ Life cycles – animal and human ✓ Changes in me ✓ Changes since being a baby ✓ Differences between female and male bodies ✓ Linking growing and learning ✓ Coping with change ✓ Transition 	<ul style="list-style-type: none"> ✓ Life cycles in nature ✓ Growing from young to old ✓ Increasing independence ✓ Differences in female and male bodies ✓ Assertiveness ✓ Preparing for transition 	<ul style="list-style-type: none"> ✓ How babies grow ✓ Understanding a baby's needs ✓ Outside body changes ✓ Inside body changes ✓ Family stereotypes ✓ Challenging my ideas ✓ Preparing for transition 	<ul style="list-style-type: none"> ✓ Being unique ✓ Having a baby ✓ Girls and puberty ✓ Confidence in change ✓ Accepting change ✓ Preparing for transition ✓ Environmental change 	<ul style="list-style-type: none"> ✓ Self- and body image ✓ Influence of online and media on body image ✓ Puberty for girls ✓ Puberty for boys ✓ Conception (including IVF) ✓ Growing responsibility ✓ Coping with change ✓ Preparing for transition 	<ul style="list-style-type: none"> ✓ Self-image ✓ Body image ✓ Puberty and feelings ✓ Conception to birth ✓ Reflections about change ✓ Physical attraction ✓ Respect and consent ✓ Boyfriends/girlfriends ✓ Sexting ✓ Transition