



Jonah Lomu

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Jonah Lomu was a New Zealand professional rugby union player.

Lomu is considered to have been the first true global superstar of rugby, and consequently had a huge impact on the game.



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Facts about him include:

- He is regarded as one of the greatest and most influential players in the history of rugby, and as one of the most talented sportsmen ever.
- He became the youngest ever All Black when he played his first international game in 1994 at the age of 19 years and 45 days.
- Despite weighing 120 kg, he could run the 100 metres in 10.8 seconds.
- In 1995 he was diagnosed with a serious kidney disorder which forced his retirement from professional rugby in 2007 at the age of 32.
- Lomu was inducted into the International Rugby Hall of Fame on 9 October 2007, and the IRB Hall of Fame on 24 October 2011. He was appointed as a Member of the New Zealand Order of Merit, for services to rugby, in the 2007 Queen's Birthday Honours.



**As a rugby player
myself, I aspire to be
like Jonah Lomu one
day.**

