COVID-19 information A quick guide for parents/carers

ion from Sept 2021

Please follow the advice in this guide. Only contact the school if your child is having a PCR test and to let us know the result or if your child has a positive LFD test result due to being at secondary school or college. LFD tests should not be used on primary or younger aged children. Please remember to only get tested if you have COVID-19 symptoms or if you have been identified as a close contact of a case.

YOU SHOULD BOOK A TEST IF YOUR CHILD HAS:

a high temperature.

This means they feel hot to touch on their chest or back (you do not need to measure their temperature).

Or a new continuous cough.

This means coughing a lot for more than an hour, or three or more episodes in 24 hours (if they usually have a cough it may be worse than usual)

or a loss of or change to your sense of smell or taste.

This means they've noticed they cannot smell or taste anything, or things smell or taste different to normal.

If your child DOES NOT have symptoms of COVID-19 but has other cold-like symptoms, such as a runny nose, they do not need to be tested. Your child can attend school if fit to do so.

| What to do if | Action needed | When can my child return to school? |
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| My child has COVID-19 (coronavirus) symptoms | Do not send your child to school Book a test for your child Child must self isolate. Members of the household only need to isolate if they are over 18 years and 6 months and not double vaccinated Inform school immediately about test result | Your child can return to school if the PCR test is negative, they are well enough and have been free from a fever for 24 hours |
| My child tests positive for COVID-19 (coronavirus) | Do not send your child to school Child to self-isolate for 10 days from when symptoms started (or from day of test if no symptoms) Inform school immediately about test results Only household contacts who are not double vaccinated and over the age of 18 years and 6 months must self isolate for 10 days | They can return to school after 10 days even if they have a cough or loss of smell/ taste. These symptoms can last for several weeks once the infection is gone. If they still have a fever they need to be fever free for 24 hours without the use of medication |

| What to do if | Action needed | When can my child return to school? |
|--|--|---|
| Somebody in my household has COVID-19 (coronavirus) symptoms | Your child must continue to attend school if they are symptom free Household member with symptoms must self isolate and book a test Only household members over 18 years and 6 months and not double vaccinated need to self isolate while waiting for test result | If child does not have covid symptoms they must continue to attend school |
| Somebody in my household has tested positive for COVID-19 (coronavirus) | Continue to send your child to school | If your child does not have covid symptoms they must continue to attend school. NHS Test and Trace will recommend the household gets a PCR test but your child can continue to attend school while waiting for the result |
| NHS Test and Trace has identified my child as a 'close contact' | Your child will be advised to get a PCR test | Your child should continue to attend school while waiting for the PCR test result. |
| Your child has been in contact with someone who has been identified as a 'close contact' | Attend school as normal If your child does not have any COVID-19 symptoms they should carry on with normal activities | Attend school as normal |
| We / my child has travelled abroad | Travel reminders: Do not take unauthorised leave in term time Consider quarantine and testing requirements and FCO advice when booking travel Provide information to school as per attendance policy | Attend school as normal unless your child receives a positive result from the travel required PCR test |